

# Islington Car Free Day

## Breathe better, ride better

8am – 11am

- **Dr Bike** – free cycle maintenance, safety checks and advice
- **Police bike marking** – security mark and register your bike

3pm – 6pm

- **Lung Function Tests** – breathe better with the European Lung Foundation
- **Air-mazing journeys** – advice on sustainable travel and air pollution
- **Air-mazing activities** – installations, quizzes, route planning and more

22 September 2016,  
8am – 11am, 3pm – 6pm  
Islington Green



ISLINGTON